



Swargiya Chandra Singh Shahi Government Post Graduate College Kapkote (Bageshwar)

Language and Communication Skills

Session 2019-2020

Session on Personality Development and Computer Skills


On 30th September 2019, a session was held for all students in which Mr. Pankaj Mishra from Vision Institute of IT and personality development came and addressed the students about the practical skills required to get a job such as Microsoft office, Management information system etc. and importance of spoken English, personality development and interpersonal skills.

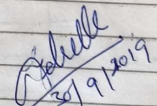
No. of students present- 66



Date - 30/9/2019

Today a career counselling session was held for all students in which Mr. Pantaj Hiera from Vision Institute of IT and Personality Development came and addressed the students. He told the students about practical skills required to get a job. The computer knowledge such as Microsoft Office, Management Information System etc. used in corporate world. Further he told the importance of spoken english, personality development and interpersonal skills. He also shared the importance of grooming, corporate basics, resume writing and other business writing skills.


Principal
(Govt. Degree College, Kapkot)


Elba Mandrella
Coordinator
Career Counselling &
Placement Cell.

No	Name	Sign	S.NO.	Name	Sign
	Kavita	Kavita	33	मीमा	मीमा
2	Larny Gargya	Larny	34	Pooja Aithani	Pooja
3	Kavita	Kavita	35	संगीता गोरामि	sangeeta Gorami
4	Tanya	Tanya	36	ममता आर्या	MAMTA
5	Bhawana	Bhawana	37	Anita Arya	Anita
6	Neema	Neema	38	Jankey Arya	Jankey
7	Kavita	Kavita	39	Charadarsi Bhatt	charadarsi
8	MANISHA	MANISHA	40	Suman gaswami	Suman
9	memq	A	41	Poonam Rana	Poonam
10	Khushi	A	42	Nisha kandhal	Nisha
11	Creeda	Creeda	43	Ashy Rautela	Ashy
12	Sanya Gargya	Sanya	44	Kavita Jashi	Kavita
13	Shobha	Shobha	45	Rekha Jashi	Rekha
14	ममता दान	ममता	46	Tanya Jashi	Tanya Jashi
15	रवीम प्रालिया	Ravina	47	Anita Arya	Anita
16	ममता	Mamta	48	Renu Pathak	Renu
17	मीमा	ANITA	49	Lalita BisHT	Lalita
18	चन्द्रकान्ता	Chandrakanta	50	SEETA KANYAL	Seeta
19	नीलम दान	नीलम दान	51	Bhama Sunkali	Bhama
20	इशारा गोरामि	Sharda	52	Huma	Huma
21	सिपली गुमा	Anita	53	meera madhyani	meera
22	वसिष्ठी शिवा	Arshvi	54	Geeta Mehta	Geeta
23	कमला	Bama	55	Reeba Kohanga	Reeba
24	शिवानी शिवानी	Shivani	56	Neha Kaul	Neha Kaul
25	रुषा शिव	Rushi	57	Pooja Tiruwa	Pooja
26	Ajay	Ajay	58	Neema Tiruwa	Neema
27	मीमा शिव	meera	59	manali Jashi	Manali
28	मोहन शिव	Mohan	60	Pooja shodhyay	Pooja
29	गायत्री आर्या	गायत्री आर्या	61	muni nathani	muni
30	ममता भायी	MAMTA	62	Daya	Daya
31	Pooja	Pooja	63	Reeba Jashi	Reeba
32	Ashvi	Ashvi	64	Nirmala Aithani	Nirmala
	मीमा	मीमा	65		
			66	Mamta	Mamta

Session 2021-2022

One month Spoken English class was conducted by Department of English from 15 Nov 2021 to 18 Dec 2021. The aim of the class was to improve language and communication skills of students by making them speak in English through various activities, such as group discussion, conversation, use of daily life sentences, presentation etc. 15 students attended this class from 9:15 a.m. to 10.00 a.m. The students were asked to share their feedback regarding the class. 9 students shared their online feedback.

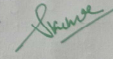
Video of Conversation class <https://www.youtube.com/watch?v=FNDIRKnEbBA>

सूचना

30/11/2021

महाविद्यालय में अद्यंतरत समस्त छात्र-छात्राओं को सूचित किया जाता है कि करिअर कौनसेलिंग के तत्वाधान में अंग्रेजी विभाग द्वारा 16/11/2021 से 30/11/2021 तक दो सप्ताह कि Spoken English कि कक्षा प्रातः 9 बजे से 10 बजे तक आयोजित की गई। प्रतिभागियों द्वारा उक्त कक्षा को आगे भी जारी रखने की इच्छा का ध्यान रखते हुए कक्षा को 1 दिसम्बर 2021 से 18-12-2021 तक विस्तारित किया जाता है।

प्राचार्य



राजकीय महाविद्यालय

कपकोट

Spoken English Course

A one month Spoken English course was conducted by department of English under Career Counselling Cell from 16th Nov 2021 to 18th Dec 2021.

In this course students were guided and taught how to speak English fluently.

They were given daily life sentences, phrases and vocabulary and were made to practice it. Apart from it many activities were conducted to help them overcome their hesitation in spoken English. Group discussion on various topics such as -

Science and technology boom or bane.

Pros and Cons of online studies.

Rural life vs. Urban life.

Beauty pageants pros and cons etc. were discussed.

Presentations on various topics were given by students that helped them to overcome stage fear.

Conversation on general daily life were conducted including telephonic conversations (mock).

The course was initially planned for 15 days but after seeing the interest of students it was extended. After this course the participants felt change in their spoken English and felt more confident.

Ms. Elba Mandrello, Asst. Prof. English coordinated the course and as a trainer for this course. The timing was from 9:15 a.m. to 10 a.m. for the class.

~~Principal~~
Principal 18/12/2021

gpc, kaptote

~~Elba Mandrello~~
Elba Mandrello.

Asst. Prof. English.
Dept. of English
gpc, kaptote.

Feedback by Students

Spoken English Class Feedback form, GDC Kapkote

Questions Responses 9 Settings

9 responses

Link to Sheets

Accepting responses

Summary Question Individual

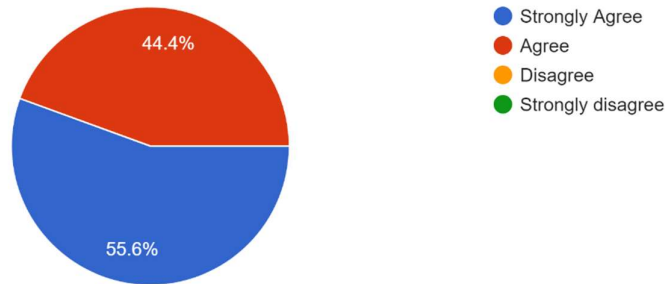
Name

9 responses

Name	Count	Percentage
Ajay ram	1	(11.1%)
Bharat Singh Kapkoti	1	(11.1%)
Chandani Bhandari	1	(11.1%)
Kamal Joshi	1	(11.1%)
Mukesh Singh Shahi	2	(22.2%)
Naveen Chandra aya	1	(11.1%)
Neha Aithani	1	(11.1%)
neha koranga	1	(11.1%)

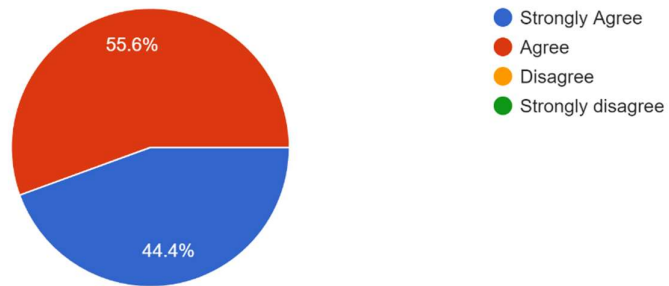
Do you think the course was relevant to your needs?

9 responses



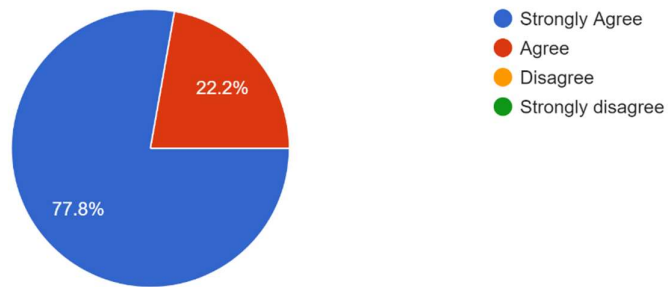
Do you think this course helped you to improve your communication skills?

9 responses



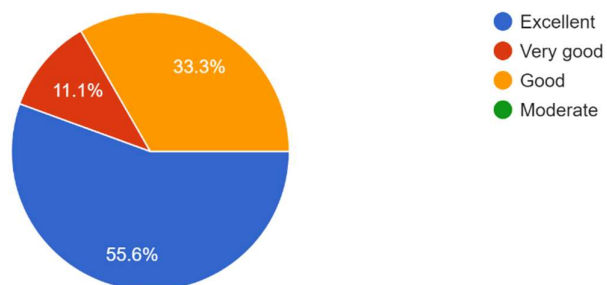
Were the activities conducted helpful?

9 responses



Rate the trainer's performance

9 responses



Any suggestions or remark

4 responses

After the classes I have attended till now I have felt improvement in my English speaking skills.

I really enjoy the spoken English class ma'am taught us properly

We should continue those classes for 6 months....or more than this !

Must be classes regular so that it can given good performance in future. And do batter in future.

Session 2022-2023

Mahindra Pride Classroom from 29th May 2023 to 3rd June 2023

6 Days training program on Employability and Skills was conducted for students by Mahindra Pride Classroom, in which trainers from Nandi foundation came for training students. 114 female students attended the training. The aim of the training was to brush up the skills communication skills and other employability skills of students. The training program was as follows-

Day	Topic
1st day	Communication skills
2nd day	How to improve English language skills
3rd day	Healthy lifestyle, stress management, counselling
4th day	Personality Development
5th day	Time Management
6th day	Professional Ethics



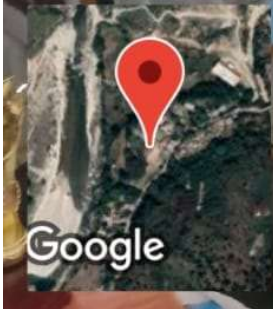
GPS Map Camera



Ason, Uttarakhand, India
WVMQ+2F6, Almora-Bageshwar-Munsyari Rd, Ason,
Uttarakhand 263634, India
Lat 29.932638°
Long 79.888664°
03/06/23 11:12 AM GMT +05:30



GPS Map Camera



Ason, Uttarakhand, India
WVMQ+2F6, Almora-Bageshwar-Munsiyari Rd, Ason,
Uttarakhand 263634, India
Lat 29.932638°
Long 79.888659°
03/06/23 11:17 AM GMT +05:30

रिपोर्ट
रोजगार क्षमता कौशल प्रशिक्षण
महिन्द्रा प्राइड क्लास रूम
द्वारा
नआन्दी फाउण्डेशन
सहयोग से
उच्चतर शिक्षा विभाग उत्तराखण्ड
संचालन
स्वर्गीय चन्द्र सिंह शाही राजकीय
स्नातकोत्तर महाविद्यालय,
कपकोट(बागेश्वर)


(प्रो०वी०सी०प्रि०पारो)
प्रमुख अधिकारी
स्व० चन्द्र सिंह शाही
राजकीय महाविद्यालय,
कपकोट(बागेश्वर)


(डी०पी०के०आ)
कार्यक्रम समन्वयक
स्व० चन्द्र सिंह शाही
राजकीय महाविद्यालय,
कपकोट (बागेश्वर)

रोजगार क्षमता कौशल प्रशिक्षण महिन्द्रा प्राईड क्लास रूम

स्व० चन्द्र सिंह शाही राजकीय स्नातकोत्तर महाविद्यालय, कपकोट (बागेश्वर) में छः दिवसीय रोजगार क्षमता व नियोजनीयता कौशल प्रशिक्षण दिनांक 29.05.2023 से प्रारम्भ होकर 3.06.2023 तक संचालित हुई। इस प्रशिक्षण को संचालित करने के लिए नआन्दी फाउण्डेशन की ओर से दो प्रशिक्षक श्री प्रीतम नायक एवं श्री संजय शर्मा आये हैं। उन्होंने 40 घण्टे के सॉफ्ट स्किल प्रशिक्षण प्रदान किया। यह प्रशिक्षण छात्राओं को विशेष रूप से निजी एवम् राजकीय रोजगार में जाने के लिए आवश्यक कुशलता प्राप्त करने से संबंधित है। यह प्रशिक्षण छात्राओं को 40 से 50 की संख्या में सामूहिक रूप से समूह बना कर दिया गया।

प्रशिक्षण का शुभारम्भ महाविद्यालय के प्राचार्य प्रो० बी०सी तिवारी एवं कौशल विकास समन्वयक डॉ० पवन कुमार झा ने किया प्रो० तिवारी ने इस कार्यक्रम को आज के लिए बहुत महत्वपूर्ण बताया एवं छात्राओं को मनोयोग से प्रशिक्षण लेकर अपने कैरियर में इसका लाभ प्राप्त करने को कहा है। उन्होंने उच्च शिक्षा विभाग उत्तराखण्ड के उद्देश्यों को भी रेखांकित किया।

प्रशिक्षण के प्रथम दिन छात्राओं को स्वयं के विशिष्ट होने के बारे में बताया गया। फिर वर्तमान में कम्यूनिकेशन के महत्व, प्रकार एवं अंग्रेजी में कम्यूनिकेशन का महत्व बताया गया। बेरोजगारों में रोजगार अयोग्यता क्यों होती है? स्ट्रेस क्या होता है? उसे कैसे कम किया जा सकता है? आदि को विस्तार से बताया गया।

दूसरे दिन अपने अंग्रेजी ज्ञान को कैसे बढ़ाये जिसमें शब्द ज्ञान, ग्रामर, उच्चारण एवं आपसी संवाद चर्चा/परिचर्चा के बिन्दु लेखन, पाठन एवं वाचन कला के गुरु सिखाये गये।

तीसरे दिन अच्छे जीवन के लिए अच्छे स्वास्थ्य खास कर महिलाओं एवं छात्राओं के लिए क्यों जरूरी है को विस्तार से बताया गया। इसमें स्वस्थ मित्र, स्ट्रेस प्रबंधन, परामर्श की आवश्यकता, समय तत्व एवं चिकित्साक की भूमिका पर ध्यान केंद्रित किया गया।

चतुर्थ दिन छात्र/छात्राओं को जीवन में आगे बढ़ने के लिए उद्देश्यों का निर्धारण, उसकी प्रासंगिकता उसे समयबद्धता एवं चरण बुद्धता के साथ प्राप्त

करना। साथ ही सामाजिक दायित्व, बौद्धिक व्यक्ति बनना, व्यावसाय में सफलता प्राप्त करना एवं अच्छे व्याक्तित्व के साथ वित्त सृजक भी होना है के बारे में विस्तार से बताया गया।

पंचम दिवस के अवसर पर छात्राओं को समय का प्रबंधन, समय चक्र के साथ शैक्षणिक योग्यता के साथ अपने जॉब (व्यावसाय) प्राप्त करना। उसके लिए रोजगार बजार में आवश्यक व्यक्तित्व विकास, सॉफ्ट स्किल, ई-मेल, इण्टरनेट का, कम्प्यूटर का एवम् रोजगार बजार की जानकारी विस्तार से दी गई।

निजी कम्पनी का चयन कैसे करें? रोजगार बजार के लिए आवश्यक अद्यतन सूचना के महत्व आदि बताया गया। बीच-बीच में प्रायोगिक क्रिया-कलापों को भी कराया गया। इसके अलावा स्वयं के विश्लेषण एवं सोशल मीडिया की जानकारी के साथ बजट निर्माण एवं मौद्रिक प्रबंधन के गुर भी सीखये गये।

प्रशिक्षण के अन्तिम दिन अर्थात: छठवें दिन व्यावसायिक नैतिकता क्या है ? और क्यों जरूरी हैं, को बताया गया। विशेष क्रिटिकल समय में कैसे सोचें उसके चरण क्या-क्या हो सकते हैं? उसके परिणाम क्या होंगे की जानकारी प्रदान की गई। आगे रोजगार हेतु आवेदन कैसे करें, साक्षात्कार और उसके प्रकार के बारे में बताया गया एवं रोजगार के लिए कैसे तैयार होना चाहिए, की मुख्य बिन्दुओं को बताया गया।

अन्त में, अपने सूक्ष्म प्रस्तुतीकरण में किन-किन बातों का ध्यान रखा जाना चाहिए। जैसे ध्वनि, पिच, स्ट्रेस, रिदम आदि कैसे रखें के बारे में बताया गया। व्यक्ति को अपनी समस्या स्वयं की कौशल से कैसे हल करना चाहिए का ज्ञान दिया गया।

सार रूप, में इस छ दिवसीय प्रशिक्षण का मुख्य उद्देश्य छात्राओं के वर्तमान माइण्ड सेट को विकसित कर सुगमता से जॉब/कैरियर का सही चयन कर सकें, साथ ही वर्तमान रोजगार बजार में अपना रोजगार सुगमता से प्राप्त कर सकें इस योग्य बनाना है।

निः संदेह यह प्रशिक्षण छात्राओं के लिए बहुत उपयोगी सिद्ध होगी और जीवन को उत्तम बनाने में मददगार होगी।



Group-1

Group-1

9

Institution Name: SHRI CHANDRA SINGH SHAHI GOVERNMENT DEGREE CO

Course Name: P.D.

Trainer Name:

Presence Mark:

S.No	Student Name	Trainer's Name	Course Name					Total Length of Training	Total Present	Total Absent
			Day 1	Day 2	Day 3	Day 4	Day 5			
1	ANURAJ RAUTEJA	SUNAND SINGH	Present	Present	Present	Present	Present	5	0	
2	NEHA SHARMA	MOHAN SINGH	Present	Present	Present	Present	Present	5	0	
3	KARISHMA KARNIKA	IASHVI SINGH	Present	Present	Present	Present	Present	5	0	
4	KARIMA MANSUR	KANWAL SINGH	Present	Present	Present	Present	Present	5	0	
5	DEEPA KORANGA	MA. DASHRATH	Present	Present	Present	Present	Present	5	0	
6	MEHA NEHA	MA. KEDAR	Present	Present	Present	Present	Present	5	0	
7	POONA M. RAY	PHULENCHANDRA	Present	Present	Present	Present	Present	5	0	
8	RAVEENA KUMAR	CHANCHAL KAN	Present	Present	Present	Present	Present	5	0	
9	KANISHA RAY	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
10	RAVISHA RAY	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
11	SAPANA RAY	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
12	MAHESH SHARMA	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
13	KATIA RAY	HEERA SINGH	Present	Present	Present	Present	Present	5	0	
14	WVA RANJAN	HEERA SINGH	Present	Present	Present	Present	Present	5	0	
15	UJHMANT	MR. PABHAR SINGH	Present	Present	Present	Present	Present	5	0	
16	SYOTTI KORANGA	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
17	NEELAM	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
18	DHANIKYA	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
19	BHIMJAN PRADIA	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
20	MANJU	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
21	KARISHMA BISHI	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
22	GANIKA BASERA	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
23	REETA RAOYA	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
24	POOJA GOSWAMI	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
25	SUNAM MEHTA	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
26	DIWYA	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
27	SANJANA	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
28	PREMA	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
29	SUBASTIKARISHI	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	
30	SHARADA KUMAR	MA. SURESH RAM	Present	Present	Present	Present	Present	5	0	

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S.no	Student Name	Guardian's Name	Attendance Details						Total Days of Trng	Total Present	Total Absent
			Day 1 29-May	Day 2 30-May	Day 3 31-May	Day 4 01-Jun	Day 5 02-Jun	Day 6 03-Jun			
1	वीता भार्य	श्री सुबलचन्द्र	Present	Present	Present	Present	Present	Present			
2	विहारिका जीणी	श्री रमेश चन्द्र अि श्री एडि मी	Present	Present	Present	Present	Present	Present			
3	मनीषा कचकरे	श्री एडि मी	Present	Present	Present	Present	Present	Present			
4	CHANDRA	Mr. Hema Singh	Present	Present	Present	Present	Present	Present			
5	USHA Laxmi	Mr. Meher Singh	Present	Present	Present	Present	Present	Present			
6	Pooja GrosWami	Mr. GONIND GARI	Present	Present	Present	Present	Present	Present			
7	सर्जिता	श्री राजेश गोरी	Present	Present	Present	Present	Present	Present			
8	रविजा जारिजा	श्री राजेश सिंह जारिजा	Present	Present	Present	Present	Present	Present			
9	सुवभा सेनि	श्री राजेश सिंह जारिजा	Present	Present	Present	Present	Present	Present			
10	श्री कचकरे	श्री राजेश सिंह जारिजा	Present	Present	Present	Present	Present	Present			
11	सुभा शेरगी	श्री राजेश सिंह जारिजा	Present	Present	Present	Present	Present	Present			
12	दशना कोरवी	श्री राजेश सिंह जारिजा	Present	Present	Present	Present	Present	Present			
13	मनीषा कोरवी	श्री राजेश सिंह जारिजा	Present	Present	Present	Present	Present	Present			
14	करिजा	श्री राजेश सिंह जारिजा	Present	Present	Present	Present	Present	Present			
15	श्रीजा चारदा	श्री राजेश सिंह जारिजा	Present	Present	Present	Present	Present	Present			
16	श्रीजा	श्री राजेश सिंह जारिजा	Present	Present	Present	Present	Present	Present			
17	Krushna Kulkarni	Mr. Sunder Singh Kulkarni	Present	Present	Present	Present	Present	Present			
18	Alexia	Mr. Krishna Singh Talwar	Present	Present	Present	Present	Present	Present			
19	Reena	Mr. Rajesh Singh	Present	Present	Present	Present	Present	Present			
20	Kalpna Shakti	Mr. Pooja Singh	Present	Present	Present	Present	Present	Present			

Institution Name SHRI CHANDRA SINGH SMITHI GURUKUL Course Name B.A. Trainer's Name SUNITA CHANDRA

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S.no	Student Name	Guardian's Name	Attendance Details						Total Days of Trng	Total Present	Total Absent
			Day 1 29-May	Day 2 30-May	Day 3 31-May	Day 4 01-Jun	Day 5 02-Jun	Day 6 03-Jun			
41	Hema	Mr. Balwant Singh		Present	Present						
42	Seema	Mr. Anil Parki Rohn		Present	Present						
43	Priya Akshay	Mrs. Mahesh Devi		Present	Present						
44	Divya Kavanya	Mrs. Anurag Singh		Present	Present						
45	Vanisha Divya	Mrs. Anurag Singh		Present	Present						
46	Lakshita Mehta	Mrs. Divya Singh		Present	Present						
47	Kavita	Mrs. Anurag Singh		Present	Present						
48	Lakshita Mehta	Mrs. Divya Singh		Present	Present						
49	Kristina	Mrs. Haria Singh		Present	Present						
50	Sangeeta	Mrs. Rishi Singh		Present	Present						
51	Charolam Akhri	Mrs. Dhana Devi		Present	Present						
52	Bhauka Boria	Mr. Lal Moh Singh		Present	Present						
53	Karishma	Mr. Bhawant Singh		Present	Present						
54	Simran Mehta	Mr. Kuntar Singh		Present	Present						
55	Divya Kavanya	Mrs. Anurag Singh		Present	Present						
56											
57											
18											
19											
20											

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