

## Curriculum-Vitae

### Dr. Smita

Assistant Professor

Department of Home Science

Swargiya Chandra Singh Shahi

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### Present Job Roles apart from Academics

Library Incharge

Women's Sanitary Pad Committee Coordinator

Cultural Committee coordinator

Admission Committee Member (B.A. 5<sup>th</sup> Sem)

### Area of Interest/ Specialization

- Ergonomics
- Hospitality Management
- Resource Management
- Environment Education

### Award

1. **Best Research Paper Award** in International Conference on “Role of Sustainability & Innovation in the Era of Disruption- A Global Challenge” organised by SaiBalaji International Institute of Management Sciences & International Institute of Management and Human Resource Development (W) ANVESH 2K23 on 20th & 21st January, 2023.
2. **Best Paper award for** “Assessing Smartphone Addiction and its adverse effect on Sleep Pattern of Youth” in 3<sup>rd</sup> International Conference on Current Trends in Multidisciplinary Research- (ICCMR)-2023 organised by Sri Krishna Arts and Science College, Coimbatore on 22<sup>nd</sup> and 23<sup>rd</sup> Sept 2023

### **Educational Qualification**

| <b>Sr. No.</b> | <b>Degree/ Course</b> | <b>Name of Organization</b>                                   | <b>Year</b> |
|----------------|-----------------------|---|-------------|
| 1.             | Ph.D.                 | The Maharaja Sayajirao University of Baroda, Vadodara         | 2024        |
| 2.             | M.Sc.                 | G.B. Pant University of Agriculture and Technology, Pantnagar | 2019        |
| 3.             | B.Sc.                 | G.B. Pant University of Agriculture and Technology, Pantnagar | 2017        |
| 4.             | NET                   | UGC   | 2019        |

### **Work Experience**

| <b>Sr. No.</b> | <b>Designation</b>            | <b>Name of Organization</b>                             | <b>From</b> | <b>To</b> |
|----------------|-------------------------------|---|-------------|-----------|
| 1.             | Temporary Assistant Professor | The Maharaja Sayajirao University of Baroda, Vadodara   | July 2020   | May 2024  |
| 2.             | Assistant Professor           | Swargiya Chandra Singh Shahi Govt. P.G. College Kapkote | Aug 2024    | Till Date |

### **Patent Granted**

| <b>Sr. No.</b> | <b>Title of the Work</b>                    | <b>Date of Issue</b> | <b>Design Number</b> |
|----------------|---|----------------------|----------------------|
| 1.             | Detachable Mattress Lifter and Tucking Tool | 24/06/2024           | 416671-001           |

### **Copyrights Received**

| <b>Sr. No</b> | <b>Title of the Work</b>   | <b>Registration Number</b> |
|---------------|--|----------------------------|
| 1.            | Training Module on Food & Beverage Department of Hospitality Industry  | CF-5740/2024               |
| 2.            | A Cross-Sectional Study of the Healthcare Practices Adopted by the Family to Boost Immunity during COVID-19 Pandemic Lockdown Period | L-155060/2024              |

### **Workshop Organized**

Workshop on Hospitality Management skills for autistic children on 28<sup>th</sup> – 29<sup>th</sup> December 2023

## List of Publications

### Journals

| <b>Sr. No.</b> | <b>Title of research paper</b>  | <b>Name of Journal, Volume, Issue</b>   | <b>ISSN No.</b> | <b>Year of Publication</b> | <b>UGC/Peer Reviewed</b> |
|----------------|---|---|-----------------|----------------------------|--------------------------|
| 1.             | Utilization of Plastic Bottles in Home Decoration   | Shodh Sanchar Bulletin  | 2229-3620       | 2020                       | UGC                      |
| 2.             | Problems faced by the School and College Students During Online Learning  | Shodh Sarita Vol- 7   | 2348-2397       | 2020                       | UGC                      |
| 3.             | Precautionary Measures Adopted by Families to Enhance Immunity for New Normal Lifestyle                             | The Indian Journal of Home Science Vol- 33  | 0970-2733       | 2021                       | UGC                      |
| 4.             | Utilization of Lock-down period by Families during Covid 19   | Solid State Technology Vol- 64  | 0038-111X       | 2021                       | UGC                      |
| 5.             | Covid-19 Pandemic: Challenges Faced by the Tourism and Hospitality Sector in Uttarakhand                            | Drugs and Cell Therapies in Haematology Volume 10 Issue 1                         | 2281-4876       | 2021                       | UGC                      |
| 6.             | Prevalence Of Stress Among the Nurses Working in Hospitals  | Drugs and Cell Therapies in Haematology Volume 10 Issue 3                         | 2281-4876       | 2021                       | UGC                      |
| 7.             | Environmentally Concerned Practices followed by the Homemakers to Reduce the Negative Impact on the Environment     | International Journal of Early Childhood Special Education (INT-JECSE) Vol. 14(5) | 1308-5581       | 2022                       | UGC                      |
| 8.             | Training the 12 <sup>th</sup> Pass-out Girls on Hospitality Management Operations for providing them Employability. | Stochastic Modeling and Applications Vol. 26(3)                                   | 0972-3641       | 2022                       | UGC                      |

|     |  |  |           |      |     |
|-----|--|--|-----------|------|-----|
| 9.  | Difficulties Experienced in Managing Mental Stress by the Laboratory Technicians Working in Testing Laboratories During COVID 19 | Utkal Historical Research Journal Vol. 36(2)               | 0976-2132 | 2023 | UGC |
| 10. | Enhancing Employability Skills of the Senior Secondary pass-out Girls  | The Indian Journal of Home Science Vol-35(2)               | 0970-2733 | 2023 | UGC |
| 11. | Musculoskeletal Discomfort Experienced by the Office Staff: A Hindrance in Efficient Work Performance                            | Madhya Pradesh Journal of Social Sciences Vol 29 No. 1(ii) | 0973-855X | 2024 | UGC |

### Book Published

| Sr. No. | Title   | ISBN              | Publisher and Year of Publication |
|---------|---|-------------------|-----------------------------------|
| 1.      | Laboratory Manual for Ergonomics- A comprehensive practical guide | 978-93-6095-827-5 | Authors Press, 2024               |

### Chapters in Books

| Sr. No. | Title   | Book Name  | ISBN              | Publisher and Year of Publication |
|---------|---|--|-------------------|-----------------------------------|
| 1.      | Family and Community Resource Management and SDGs | Sustainable Development Goals: A Family and Community Sciences Perspective | 978-93-88996-91-4 | KAAV Publications, 2023           |

|    |  |   |                   |   |
|----|--|---|-------------------|---|
| 2. | Implementation of Indian Knowledge System in First Year Curriculum of Faculty of Family and Community Sciences according to NEP  | Edited Book in International Conference on Advance and Applied Research | 78-93-88996-58-7  | Noble Science Press<br>(International Publishing)<br>2023 |
| 3. | Sustainable Tourism Dynamics: Assessing Community Involvement and Responsible Tourism Impact on the Rural Communities of Gujarat | Sustainable Tourism for enriching the Future                            | 978-93-6095-002-6 | Authors Press,<br>2024                                    |
| 4. | Ergonomic Assessment Tools for Research in Interior Designing  | Essentials Of Research Methodology In Interior Designing                | 978-93-6095-414-7 | Authors Press,<br>2024                                    |
| 5. | Impact of Landscape to Boost Tourism in the Tourist Places   | Sustainable Tourism for enriching the Future                            | 978-93-6095-002-6 | Authors Press,<br>2024                                    |

### Seminar/ Conferences

| Sr. No. | Title of Paper Presented  | Organizer                                       | Year |
|---------|---|---|------|
| 1.      | Use of Waste plastic bottles in Interiors: Enhancing awareness of homemakers through posters                            | ARIHANT College, Indore (M.P.), India           | 2020 |
| 2.      | Role of Hospitality Sector in Enhancing Guest Experience during COVID-19 Pandemic                                       | IES University- Bhopal                          | 2021 |
| 3.      | Use of Educational modules on Hospitality Management Operations to enhance knowledge of 12 <sup>th</sup> pass-out girls | KAAV Institute of Professional studies, Delhi   | 2021 |
| 4.      | Training the 12th Pass out Girls on Hospitality Management Operations for providing them Employability                  | Indian Academicians and Researchers Association | 2022 |

|     |  |  |      |
|-----|--|--|------|
| 5.  | Developing Housekeeping skills of 12 <sup>th</sup> Pass-out Girls for availing Employment Opportunities                      | Home Science Association of India (HSAI)<br>Kochi, Kerala  | 2022 |
| 6.  | Assessing Smartphone Addiction and its adverse effect on Sleep Pattern of Youth  | Sri Krishna Arts and Science College, Coimbatore   | 2023 |
| 7.  | Indigenous Traditions followed in Marriages in India: A Case study of Gujarat  | HSAI, Gujarat Chapter  | 2023 |
| 8.  | Musculoskeletal Discomfort Experienced by the Office Staff: A Hindrance in Efficient Work Performance                        | SBIIMS and IMHRD (W).  | 2024 |
| 9.  | Application of Artificial Intelligence and Internet of Things in Management, Science and Technology                          | IARA   | 2023 |
| 10. | Assessment of learning of the students Indian Knowledge System implemented in First Year Curriculum, FFCSc. According to NEP | Dr. BMN College of Home Science, Mumbai  | 2024 |
| 11. | Knowledge Assessment of Youth Regarding Artificial Intelligence Applications Used in Digital Learning                        | Department of Computer Science, St. Xavier's College of Management and Technology, Patna, Bihar, India | 2024 |

### Publications In Conferences Proceedings

| Sr. No. | Theme Of Conference/Seminar /Symposia   | Title of Research Paper   | Organised by          | Date |
|---------|---|---|-----------------------|------|
| 1.      | International Journal of Transformation in Tourism and Hospitality Management and Cultural Heritage<br><br>Special Issue:<br>National E-Conference on Advances in Tourism | Role of Hospitality Sector in Enhancing Guest Experience during COVID-19 Pandemic | IES University-Bhopal | 2021 |

|    |  |   |  |      |
|----|--|---|--|------|
|    | & Hospitality Management   |   |  |      |
| 2. | 3 <sup>rd</sup> International Conference on Current Trends in Multidisciplinary Research- (ICCMR)-2023 | Assessing Smartphone Addiction and its adverse effect on Sleep Pattern of Youth   | Sri Krishna Arts and Science College, Coimbatore | 2023 |
| 3. | Edited Book in International Conference on Advance and Applied Research                                | Implementation of Indian Knowledge System in First Year Curriculum of Faculty of Family and Community Sciences according to NEP | Noble Science Press (International Publishing)   | 2023 |

#### **Memberships: (Annual/ Life)**

- Lifetime membership of HSAI (Home Science Association of India)

#### **Extension activities**

- Organized a workshop on Personal Grooming for adolescent girls and women of Halol, Gujarat on 13-07-2023
- Organized a training programme on Kitchen Hygiene for adolescent girls and women of Halol, Gujarat on 19-10-2023